

2023

# CAMP KREM CIT GUIDE



# WELCOME TO CAMP KREM!

**Thank you!**

**You are reading this because you are a member of the Camp Krem team or considering becoming a member of our team. Thank you. On behalf of our half-century old program, the thousands of children and adults with disabilities we serve, and their families and friends who benefit from the respite our program brings them, your contribution is and will be very much appreciated. Our program was built and is sustained by the generosity, dedication, and hard work of good people like you. We believe our program is worthy and deserving of support. Your contribution makes all the difference. Thank you.**

**Questions? Ask!**

**If you ever have any questions, now or as you begin working, please ask. Open, honest and direct communication is the key to success. You will be happier and more effective if you understand your assignment, your campers, our program and our mission. You can learn more about us at [www.campingunlimited.org](http://www.campingunlimited.org). Feel free to contact the CIT Coordinator ([campkrem@campingunlimited.org](mailto:campkrem@campingunlimited.org)) at anytime with questions or concerns. You may also call the main line at Camp Krem Yosemite: (559) 641-2727.**

**Welcome to the team!**

**We hope this guide is helpful to you, and that you find your time with us is rewarding and memorable. You can be sure that it will be valuable and appreciated. Again, thank you. You can make a world of difference to our wonderful campers, their grateful families and to our program.**





# STAFF/VOLUNTEER TESTIMONIALS

*"I have loved working at camp because of the community you build amongst staff and campers alike. It is a place where love and human connection are at the forefront. It's such an amazing opportunity to foster an inclusive space where everyone is welcome to be their authentic selves."*

- Sophia,  
CK Staff since  
2015

*"If you're anyone who was like me, not quite knowing where you fit in to the world, reserved or maybe coming to grips with who you truly are as a person...I can tell you going to Camp truly helped me find myself, my passion, and identity. The people surrounding you at Camp are some of the most supportive people you will ever meet and they truly do become your best friends and extended family, that includes after Camp. These people are forever and I am so grateful for them. If you're ready to work hard and change lives, whilst having your own life changed...I promise you, you will only ever look back with a heart full of love and amazing memories."*

- Jack,  
CK Staff since  
2019

- Violeta,  
CK Staff since 2022

*"Camp Krem genuinely changed my life, it provided me hope for a more inclusive future. Watching firsthand the smiles on camper's faces made me realize the positive impact you can have on someone's life when you treat them with respect."*



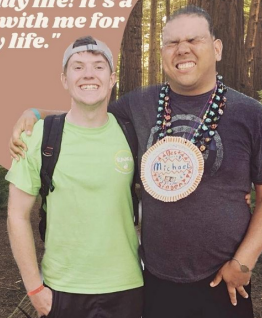
- Alyssa,  
CK Staff since 2017

*"Camp Krem is one of my absolute favorite places to be! Camp Krem has taught me to be brave in my day to day life and to try new things, even if they scare me at first. I met my best friends here in 2017 and have continued to form new friendships each time I get to come back. I laugh the hardest and smile the biggest when I'm at camp and I can't wait to make more lasting memories here!"*



*"The Campers are incredible, every single person! They will fill you with love and joy, leaving you with an ever lasting bond! They made me a better person and my heart is always full anytime I see a memory pop up on my timelines. Camp Krem was truly the best decision of my life! It's a time that will stick with me for the rest of my life."*

- Kieran,  
CK Staff since  
2018



*"My time working at Camp Krem has been short, but I can already see its impact on me. I see myself evolving and becoming a better person every time I work with these amazing people. From supportive staff to incredible campers, Camp Krem is a place for all to be their own unique self, have fun, make memories, and form forever friendships!"*

- Janae,  
CK Staff since  
2022





# THE CAMP KREM CIT PROGRAM

## What is a CIT?

CIT stands for Counselor In Training! CITs are volunteers under the age of 18 and are a fun and integral part of Camp Krem! Our campers love them and our counselors need them! CITs assist in every aspect of Camp from cheering on the campers who are performing in the talent show, helping in the kitchen, playing in the pool with campers, decorating for camp dance parties, and just hanging out and becoming friends with the campers. CITs must be interested in helping, learning, and contributing to our camp community and our greater world community. CITs will walk away with changed perspective, a greater understanding and newfound acceptance for people with disabilities. The Camp Krem CIT Program promotes maturity, personal growth, independence, and newfound friendships between CITs, our campers, and our staff members.

CITs are assigned to a cabin group which is typically made up of 7 campers and 4 counselors. An ideal cabin group functions like a family with the counselors taking on the parental roles (behavior management, healthcare, supervision, hygiene etc.). The CITs act as the fun older sibling; being a friend to our campers, cheering them on and helping them during activities, assisting the counselors with small tasks, being an extra pair of eyes and hands, etc. At no point will CITs be directly responsible for the campers; they are "supporting counselors".

Counselors are the primary and legal caregivers for campers. The counselors are typically college students who work at Camp Krem all summer long. They come from all over California, the USA, and the world! Many of our counselors study physical therapy, occupational therapy, recreational therapy, special education, nursing and more. The counselors are your teammates and mentors at Camp Krem. They are also a great resource in general! Get to know your counselors and their stories! Ask them about college, life after high school, how they got to camp, what they like about working with our awesome campers and more!

Our campers are the stars of Camp Krem. We serve campers as young as 5 through adults who have a wide range of abilities and needs. We serve campers with a wide variety of diagnosis such as autism, down syndrome, cerebral palsy, hearing impairment, vision impairment and more. However, we do not place much emphasis on diagnosis. Our campers are all wonderful individuals with different likes, dislikes, preferences, and interests. We like to think of them as regular people just like the rest of us! Camp is their special place, their vacation, their escape from the norm— so we work hard to give them the best experience possible while they are with us!



# A BASIC OVERVIEW OF CAMP KREM

Camp Krem is a sleep-away camp located in Ahwahnee, California (an hour away from Yosemite). We serve children and adults with various disabilities. Camp Krem is accredited by the American Camping Association. Our summer sessions begin in early June and run through August, where over 500 campers enjoy this program, consisting of unique 10 & 5 day sessions. Camp Krem Yosemite has 2 main summer programs:

**Main Camp** is our "traditional" summer camp program. Campers live in cabins and participate in activities on-site at Camp Krem. They can explore our beautiful camp property with redwoods, creeks and hiking trails. Some campers help with kitchen duties, setting tables and serving meals in our multi-activity center and mess hall. Campers are encouraged to develop independent living skills. Some activities include: Arts and crafts, sporting events and games, parades, visiting guest artists, holiday celebrations (Christmas in July! Valentine's Day in August!), International Day, weekly dances, field trips to the nearby Santa Cruz Beach and Boardwalk, and picnics at local parks. The 84,000-gallon modern swimming pool at Camp Krem is perhaps the most beautiful in Santa Cruz County and was especially designed for persons with disabilities. CITs are typically assigned to Main Camp.



**Travel Camp** treks throughout California in our own bus and van. They camp in various areas, often in National Parks, visiting interesting sites along the way and lead a life of total self-sufficiency and adventure. Campers may choose from 6 different sessions of completely unique experiences such as touring Yosemite, Lake Tahoe, and other national and state parks. CITs are not assigned to Travel Camp.

## Ahwahnee

Camp Krem Yosemite is located about 5 miles from Oakhurst. It is a small town, which has grocery stores, a gas station, pharmacies, restaurants/cafes, thrift stores, and sandwich & coffee shops.



# MISSION

## Mission Statement

We enrich the lives of people with special needs, our counselors and volunteers through fun and safe programs of recreation, socialization and education. We thrive through understanding, acceptance and support from the communities we serve.

## Mission

Camping Unlimited is an organization which provides, through its recreational programs for the developmentally disabled, a place to nurture independence, encourage responsibility, develop a sense of worth and build lifelong relationships through a warm and friendly atmosphere of planned permissiveness. We strive to open new worlds of discovery, adventures and learning, which some of our campers may never suspect existed and which they would never know, were it not for our type of program.

An important adjunct to our work with people with disabilities is to offer counselors and volunteers (most of whom are young adults) opportunities to develop responsibility, leadership, and decision-making skills and teamwork, to expand their horizons and to learn the satisfaction of serving others in an exceptional and life-affirming ways. The Camping Unlimited program also provides parents and caregivers with much-needed respite.



# HISTORY

As a believer in the power of recreation to recreate ourselves, our founder, Alex Krem, evolved from providing adult recreation programs from Seattle to San Diego to developing and implementing recreational programs for children. His compassion and humanitarianism led to a brilliant career as a special education teacher for the developmentally disabled. He was a pioneer in "main-streaming" exceptional children into a regular public school and rejected the rigid structures and schedules he found in the world of special education. Soon, he took some of his students on family camping trips and confirmed the benefits of outdoor recreation with this typically sheltered population. The first camp-outs were on school grounds or in the Krem's backyard, with wife, Elsie, and sons, Alex Jr. and Tom, being the first camp counselors. Alex noticed how these little forays gave his students opportunities to develop self-confidence, independence, competency and freedom that enhanced their enjoyment and their perception of self-worth. He also realized how easily such opportunities could be developed within the context of the outdoor experience. It was this inspiration that inspired the creation of our organization.

Soon, with the help of parents, teachers and friends of the developmentally disabled, Alex founded Camping Unlimited. In 1961 it became a tax-exempt corporation and in 1965, forty-five acres were purchased in the Santa Cruz Mountains near Boulder Creek for Camp Krem, our new year around camp facility. In the beginning, the camp was simply a few platforms with tents on them. Since then, with the help of volunteers and donations, Camp Krem has evolved into a complex of buildings with a paved road, hiking trails, and even a large and beautiful swimming pool, complete with wheel chair ramp and broad, stairs for simply sitting in shallow water.

We operated at Boulder Creek for 63 years until the Santa Cruz Fires in 2020 that burnt down our beloved camp. With lots of hard-work, kindness, donations, and resilience, we were able to relocate to Camp Krem Yosemite towards the end of 2021. In Summer 2022, we had our first summer at Camp Krem Yosemite.





# GOALS

The goals of Camping Unlimited are to offer an experience that will:



**1. Be safe and fun;**

**2. Encourage independence, decision making,  
and the building of self confidence;**



**3. Provide an environment that will  
aid and foster continuous growth;**



**4. Develop and  
continuously increase a  
sense of self-esteem.**





# CREED

**We will give people who have developmental disabilities an opportunity to be themselves by:**

- 1. Creating opportunities for campers to grow socially, emotionally and intellectually by encouraging them to make their own decisions as to activity and interest;**
- 2. Giving campers an opportunity to make friends with persons outside their immediate circle;**
- 3. Allowing campers to get away from deadlines of learning and working programs and the endless repetition which have chained their development to the limited confines of such programs;**
- 4. Providing a warm friendly atmosphere of planned permissiveness where the growth of each individual involved is at his or her own rate and is of the utmost importance;**
- 5. Offering the campers a meaningful change of pace, which will allow them to find the level at which they function best;**
- 6. Providing people with disabilities with the opportunity to "unwind" and to have fun on their own terms, independent of confining pressures and arbitrarily-imposed standards;**
- 7. Helping participants develop of sense of self-esteem and belonging to a group which they can truly call their own;**
- 8. Opening to people with disabilities a totally new world of discoveries, adventures, and learning which they never suspected existed, and never would know, were it not for our type of program.**

**Alex A. Krem  
May 16 1957**





# CODE OF ETHICS

As a volunteer for Camping Unlimited, I understand that I have accepted a position of trust that requires adherence to a code of ethics in performing my duties. Campers attending Camping Unlimited's programs are vulnerable and are dependent on me for respect and care. Parents and caregivers have entrusted me with the care of their loved ones and expect conscientiousness, respect, and assurance of safety. I promise to do all within my power to honor that trust and therefore:

1. I will place the health, safety and well being of all campers as my top priority at all times.
2. I will respect a camper's right to confidentiality regarding his or her disabilities and care needs.
3. I will perform all duties with consideration for my camper's right to privacy and respect.
4. I will protect my campers from any abusive or exploitative situation and will report any occurrence to my supervisor.
5. I will not harass nor engage in sexual or seductive behavior with any camper or minor.
6. I will not harass nor engage in behavior with campers or other staff that constitutes verbal, emotional or physical abuse, nor will I tolerate it in campers, staff or others.
7. I hold myself responsible for the quality and extent of service I perform. I am undertaking my job responsibilities with love, compassion, enthusiasm, cheerfulness, a willingness to learn and a deep commitment to being an honest, hardworking team member.
8. I will treat the views of my campers and colleagues with respect and use appropriate channels to resolve differences.
9. I accept my duties to my campers as my top priority at all times.



# CONTACT INFORMATION

You CIT Coordinator, Angélica Moreira, is your "go to" person for questions or concerns about anything. You can email them at [campkrem@campingunlimited.org](mailto:campkrem@campingunlimited.org). During session if parents need to get in contact with their son or daughter, email the coordinator and they will get you in contact when possible.

If it is an emergency, call Camp at (559) 641-2727 and ask for the CIT Coordinator. Our address is 45895 CA-49 Ahwahnee, CA 93601.





# IMPORTANT POLICIES AND PROCEDURES: CIT SPECIFIC POLICIES

- **Camp Krem is a program for exceptional people to feel exceptional. This means campers come first. Their safety and happiness is our number one priority. Any behavior towards a camper by a CIT, that contradicts this policy, may lead to immediate dismissal, and volunteer hours may or may not be awarded. It is a privilege to be part of this program!**
- **CITs are never directly responsible for campers, they directly assist counselors who are responsible for campers. This means that CITs will never be alone with campers. If you are being left alone with a camper, speak up!**
- **Camp Krem is not responsible for your property. It is your job to label and keep up with your belongings.**
- **CITs do not have access to the smokers pit. California law prohibits individuals under the age of 18 from smoking.**
- **CITs require permission, and or, supervision by a staff member to be in kitchen or storage area.**
- **CITs may not leave Camp Krem during session unless explicitly checked out by CIT coordinator. This includes, but not permitted to, hikes during "off-time", camper/cabin field trips, etc.**
- **ALL medications (prescription and non) must be checked in and kept in the health center.**
- **CITs are to be engaged, helpful and upbeat. Any CIT distracted from their duties by using their phone (you shouldn't have your phone while "on-duty"), not following directions, or being less than helpful, will be warned to alter their behavior. If such behavior persists or if any policies or procedures are broken CITs may be dismissed from the program, sent home immediately, and volunteer hours may not be awarded.**
- **CIT curfew is 11PM. CITs are to be in their cabins with lights out at this time.**
- **CITs are prohibited from engaging in romantic or physical relationships while on duty and/or on Camp Krem property.**

# GENERAL POLICIES

## Alcohol & Drugs

Consumption or possession of any alcoholic beverage or drugs (including marijuana) on camp premises by any person in the service of Camping Unlimited, whether the person is an adult or a minor, is prohibited. Likewise, intoxication or the after effects of it, are not allowed while on duty. Staff members cannot meet their responsibilities while intoxicated or hungover and, therefore, violation of this policy will be grounds for immediate termination of employment and immediate departure from camp property. Camp Directors reserve the right to search any private vehicle on camp property if there is a suspicion that alcohol and/or drug use is going on at camp.

## Prescription Drugs:

All prescription drugs and other medications must be turned into the nursing staff immediately upon arrival at camp. No staff member shall retain and/or use any medication or drug without the knowledge of the camp nurse. Prescription drugs must be kept in their original container with accurate information on the label.

## Weapons

Any person possessing a firearm or weapon (including pocket knives) on camp property while in the service of Camping Unlimited will be subject to immediate dismissal and immediate departure from camp property.

## Bullying/Harassment/Abuse

Bullying, Harassment or Abuse of any kind (physical, sexual, emotional, etc.) directed toward campers, staff or any person affiliated with Camping Unlimited will result in immediate termination and immediate departure from camp property.

## Valuables

It is not advisable to bring valuables to camp since the volume of people on site over the summer is very high. CITs may bring a standard size padlock to use on small lockers to protect any valuables. Camp Krem is not responsible for broken, stolen, or lost items.

## Cell Phone Policy

Cell phone use is prohibited while on duty. The only time that it is appropriate to have a cell phone turned on and on your person is when you are on a hike or off property, in case of emergency, and when performing social media tasks. Camp Krem cannot be liable for any lost, damaged, or broken electronics. It is up to the discretion of the CIT Coordinator(s) if they want to collect phones while CITs are on duty, and return during midday and evening break.

## Internet

Camp Krem has WiFi for use. CITs are advised to not bring laptops and tablets to camp but if these items are brought to Camp, it is at your own risk. Camp Krem is not responsible for broken, stolen, or lost items.

## Social Media Policy

CITs are not permitted to post any photos of Camp Krem campers until summer camp, or your designated session is over. We also advise caution with becoming "friends" or "followers" of campers on social media. CITs should use discretion in posting material on their page or profile which campers may see. Ensure you have strict privacy settings so campers are unable to see content that may be inappropriate. Remember you are a role model and a representative of Camp Krem – Camping Unlimited. Also, another friendly reminder that social media is not as private or secure as you may think it is. Be cautious about what you post, whether camp related or not.

## Mail

Mail can be sent to: CIT Name c/o Camp Krem Yosemite, 45895 CA-49, Ahwahnee, CA 9360

## "Off-Duty" Time

CITs are granted breaks between 1–3pm (unless assigned to Gazebo Duty) and 9:30–11pm. This time is perfect to check your phone, snack, read, shower, relax, etc. CITs are not permitted to leave the camp property, unless CIT Coordinator has granted permission, such as a hike.

## Staff Relationships

During the course of the summer, relationships will form. Some of these will be good while others will not. If you have a problem with another staff member or volunteer, leave your campers out of it. They should not be aware of any problems of this nature. At an appropriate time, bring the problem to a member of the administrative staff, but do not abandon your campers to do so. Other relationships will be good, but they should be good during your free time and in an appropriate manner and place. Staff should avoid kissing, other overt displays of affection, or planning rendezvous while campers are around. What you do on camp time and on camp grounds can easily become everyone's business. The campers should not be aware of staff relationships at all.

## Curfew/Quiet Hours

Camp work can be very tiring, especially as a CIT and in order to give your campers and counselors your best, you need your rest. Curfew is 11pm for all CITs. This means at 11pm, all CITs must be in your tent/bed, ready to go to sleep (not walking to the tent or taking a shower). Also, quiet hours are in effect from 9pm to 7am the next morning. Please be respectful and use headphones, talk quietly, etc.



### **Living Quarters**

Throughout the summer, CITs will live in cabins separated by gender (if you are non-binary or gender non-conforming, please let your CIT Coordinator know and accommodations will be made). CITs should bring a sleeping pad, sleeping bag and a flashlight/ lantern for use (see packing list for complete details). There is electricity in all other areas of camp – dining hall, art center, health center, bathrooms, etc. The CIT cabins, camper cabins, and all other living spaces are very close to each other. The men's and women's bathrooms and showers are very close by.

### **Dismissal**

Any employee or volunteer is subject to dismissal for the violation of any policy, rule, regulation; acts of poor judgment which jeopardize the safety and health of a camper or other staff; or, job performance less than satisfactory.

### **Open Door Policy**

Camping Unlimited believes that an open door policy encourages staff and volunteer participation in decisions affecting them and their responsibilities. If you have a concern or complaint we encourage you to talk it over with the CIT Coordinator firstly, or Program Director, secondly. We believe that concerns are best addressed through this type of informal and open communication.

### **Whistleblower Policy**

It is the intent of Camping Unlimited to protect our campers and staff at all times and to adhere to all laws and regulations that apply to the organization. The purpose of this policy is to support the organization's goals of safety, well-being and legal compliance. The support of all staff & volunteers of Camping Unlimited is necessary to achieving these goals. If you reasonably believe that some policy, practice or activity of Camping Unlimited jeopardizes the safety or wellbeing of others or is in violation of a law, please submit a written complaint with the Executive Director or Chairman of the Board of Directors.

You are protected from retaliation if you bring any alleged unsafe or unlawful activity, policy, or practice to the attention of Camping Unlimited's Executive Director or Chairman, providing them with a reasonable opportunity to investigate and correct the alleged unsafe or unlawful activity. Camping Unlimited will not retaliate against any volunteer or staff member who, in good faith, made a protest or raised a complaint against a policy or practice of Camping Unlimited, or entity with whom Camping Unlimited has a business relationship, who disclose or threaten to disclose to a supervisor or public body, on the basis of a reasonable belief that the practice is unsafe or violation of a law, rule or regulation mandated pursuant to law or is in violation of a clear mandate of public policy.

# HOW TO BE A GREAT CIT

❖ Be on time and ready to help out whenever "on duty" ❖

❖ Ask questions ❖

There are no "dumb questions". We are all at Camp Krem to learn, grow, and give the campers the best experience possible. Do not be afraid to ask a staff member anything you are unsure of, especially if it involves a safety issue or if you don't know how you can help!

❖ Step out of your comfort zone ❖

Get silly. Smile. Laugh! At Camp Krem, we accept and love everyone for who they truly are— this includes the staff, volunteers and CITs! Don't be afraid to look silly with your campers. Your primary role (and honestly— best role!) is to help bring energy and enthusiasm to our camp environment. Your campers and counselors will be so appreciative, and ready to have a great time with you! :)

❖ Read this manual! ❖

Understand what is expected of you and what you are getting into. If you are still unsure, please contact the CIT Coordinator and ask questions ([cits@campingunlimited.org](mailto:cits@campingunlimited.org)). Also, get in contact with other CITs, previous or current.

❖ Follow the rules ❖

All Camp Krem policies and procedures are in place for the safety of the CITs, staff and campers. If you need clarification of any of the policies and procedures, please ask. Failure to comply with the stated policies and procedures may result in being released from the Camp Krem CIT Program and no volunteer hours will be granted.

❖ Work hard ❖

In order to give our campers the best vacation experience possible, we all have to work really hard! Summer Camp is wonderful and fulfilling but also very mentally and physically exhausting. Consider the best ways in which you "recharge your batteries" and think about how you can do so in the camp setting. Go to bed early, mediate, call home during free time, etc. Rest well so you can work hard!

❖ Respect all and be kind: ❖

Camp Krem values respect and kindness over everything else. Respect and be kind to each other, the campers and the Camp Krem facility at all times.

❖ When in doubt, ask "How Can I Help?" ❖

# A DAY IN THE LIFE OF A CAMP KREM CIT

**7-7:30 am**

**Wake up bell. Assist campers with getting prepared for day. CITs should be ready to go and report to their cabin no later than 5-10 minute after the bell has rung. If you need more time in the morning, consider setting your own alarm before the bell. Once your cabin is ready, report to the bell tower to hang out with the campers, or help your cabin with Kitchen Patrol.**

**8:00 am**

**KP bell. Cabin on Kitchen patrol goes to set up for breakfast.**

**8:30 - 9:30 am**

**Breakfast bell rings at 8:30. Help your cabin get a table and serve up food. Campers eat first! Have a good breakfast. Create conversation. Sit with your cabin. Don't stress. Help clean up the dining room and report for kitchen duty if it has been assigned to you.**

**10:00 - 12:00 pm**

**Morning activities! If you are interested in assisting Programming Staff, please let them know!**

**12:00 pm**

**KP bell. Cabin on Kitchen patrol goes to set up for lunch.**

**12:30 - 1:00pm**

**Lunch time! Campers eat first. Help your cabin serve food.**

**1:00 - 3:00 pm**

**"Rest" period. CITs go on break or cover gazebo duty. CITs may not leave the hill.**

**3:00 - 4:00 pm**

**Free swim for ½ the camp.**

**4:00 - 5:00 pm**

**Free swim for the other ½ of the camp.**

**5:00 pm**

**KP bell, cabin on Kitchen patrol goes to set up for lunch.**





# A DAY IN THE LIFE OF A CAMP KREM CIT CONTINUED

5:30 – 6:30 pm

Dinner Time! Help your cabin serve. Campers eat first.

6:30 – 8:30 pm

Check-in with the Programming team and help set up the evening activity.

8:00 – 9:30 pm

Take campers for medications if required, prepare campers for bed.

9:30– 11:00pm

CIT Meeting and/or CIT free and quiet time. Relax, shower, recoup.

11:00pm

CIT Curfew. Get a good night sleep!



# CIT PLACEMENT PROCESS

## Step One: Complete Application

The CIT application is the same application that our staff fill out, however be sure to read each section because some will state "CITs do not fill out".

- Basic Info (name, contact info, etc.)
- Upload Photo
- Emergency Contact
- Related Work/Volunteer Experience
- Position Specific Questions
- Select Session Preferences

## Step Two: Schedule Phone Interview with CIT Coordinator

You will receive a link to sign up for a time you are available via Calendly.

- Read this manual before your interview!
- Also, be ready to discuss why you want to be a CIT this summer, your interests, etc. and ask any questions you have!
- Confirm orientation and session dates, talk about how to begin paperwork, etc.

## Step Three: Acceptance and Confirmation Email

The CIT Coordinator will email you to confirm acceptance to the CIT 2023 program, as well as confirm orientation and sessions dates.

## Step Four: Paperwork and Payment

To begin filling out forms, sign into your account [here](#). Then, fill out and submit the following forms:

- Health History (This is important information that we need in the event of a medical emergency)
- First Aid Certification (Not necessary, but if you have it)
- CPR Certification (Not necessary, but if you have it)
- Lifeguard Certification (Not necessary, but if you have it)
- COVID-19 Vaccination Card (With all vaccines and boosters included)
- CIT Release Form
  - Please download, fill out, have a parent/guardian sign, and upload

### Payment

Payment of \$80 (ten-day session) or \$40 (five-day session) can be paid via PayPal ([accounting@campingunlimited.org](mailto:accounting@campingunlimited.org)) or via Venmo (@ Camp Krem). Please be sure to make sure to fill in the corresponding CIT's first and last name in the "Notes" section of the transaction.

All paperwork and payment is due by Orientation (to be completed online)!





### Step Five: Complete Ministry Safe

You will be emailed a link to complete Ministry Safe Child Abuse Prevention training prior to beginning your session. Please complete before arriving for your session!

Follow Camp Krem on Facebook and Instagram (@camp.krem)!

Encourage your friends to apply!



# ORIENTATION

Orientation is a vital experience to prep CITs for camp. During this time CITs will be made familiar with our staff, expectations, facility, protocols, policies and procedures.

**ALL CIT PAPERWORK AND PAYMENT MUST BE COMPLETED AND IS DUE AT/BY ORIENTATION.**

**Mandatory Orientation will be over Zoom on June 12th from 10-11:30AM.**

During Orientation, we will:

- Do introductions
- Go into depth about the CIT role and responsibilities
- Discuss more about Camp Krem Yosemite and our day-to-day routine
- Learn about different disabilities
- Go over any questions you may have!





# IMPORTANT DATES

**MANDATORY CIT Orientation over Zoom June 12th 10-11:30AM**

**Session Dates:**

**Session One: June 4 – 13**

**Session Two: June 16 – 25**

**Session Three: June 28 – July 7**

**Session Four: July 10 – 14**

**Session Five: July 16 – 20**

**Session Six: July 23 – August 1**

**Session Seven: August 4 – 13**

**Session Eight: August 17-21**

**Orientation is mandatory for all CITs, even if you have been a CIT before!**

**CITs are expected to volunteer for the entire length of the session they choose. Ending early/arriving late is to be avoided and may be cause for not being placed in the CIT Program**



# PACKING LIST

## **(Label EVERYTHING)**

- Sleeping bag
- Sleeping mat
- Weather appropriate clothing for the entire session. CIT do not have access to the laundry facilities except in an emergency. Camp Krem is very casual but please remember that we are serving children and therefore clothing must be appropriate in regard to cut and message (no inappropriate messages or pictures). The best clothing is comfortable and able to get dirty!
- Pillow
- Headlamp/ flashlight
- CIT guide and any paperwork you need to track hours
- Necessary Medications (to be turned into the Health Center for safe keeping)
- Water bottle
- Swimsuit(s)– We swim every day! This is not tanning time. All swimwear must be appropriate for movement and play in the water. If you wish to wear a 2-piece suit, it should be a more athletic cut.
- Swim towel
- Shower towel
- Shampoo, deodorant, toothbrush, toothpaste, hygiene etc.
- Combination lock (not required but encouraged for personal locker)
- Sunscreen
- Bug spray
- Shower shoes or flip flops
- Sneakers/ comfortable closed toe shoes
- PJs– Sweatpants are ideal for PJs
- Hoodie/ jacket
- Snacks (not required)– CITs will have an area to store snacks but they not be accessible at all hours of the day. **ALL SNACKS SHOULD BE NUT-FREE**
- Musical instruments, games, costumes, etc. (not required)– at your own risk.



# DONATIONS TO CAMP

Like any non-profit we would not be here without the generous support of our donors. We gratefully accept donations to defray the cost of operations or to create endowments. You can make monetary contributions through our secure Paypal by going on our website. You can also write out a check and bring it with you to camp!

We are an IRS approved 501(c)(3) charity. As a result, your donations of money or goods are tax deductible. On behalf of the many families we serve, we thank you!

If you would like to donate any of the items from the list below, please bring them to camp at orientation.

- Kids books
- Puzzles(with all the pieces)
- Board games
- Costumes!
- Office supplies
- Arts and crafts supplies
- Sports equipment
- Speakers and sound equipment
- Baby wipes
- Face paint
- Dish washing gloves
- Medical gloves
- Flash lights
- A gently used iPad or iPod to play music!
- Unused pool noodles

Email [campkrem@campingunlimited.org](mailto:campkrem@campingunlimited.org) if you are uncertain about an item you want to donate and again, thank you! :)



# GETTING TO CAMP

You can find us by typing "Camp Krem Yosemite", or our address (45895 Highway 49 Ahwahnee, CA 93601) into almost any GPS app. Or, click [here](#)!

## Driving Directions

### From the Bay Area

1. If you are closer to the city of Stockton, you can take this route:

Once you are on CA-4, you will eventually continue onto Vasco Road. In 3.5 miles, you will turn left onto Camino Diablo Road where you will travel for about 1.5 miles until you turn right onto Byron Highway. In 5.2 miles, you will turn right onto Mountain House Road traveling for about 4.3 miles until you reach W Grant Line Road. Once you are driving on W Grant Line Road for 1.3 miles, turn left to merge onto I-580 East. In .7 miles you will then turn slightly right to merge onto I-580 East toward I-5 South, Fresno. You will keep left on I-580 E for eleven miles. In 18 miles after keeping left on I-580 E, take exit 434 where you will turn left onto Diablo Grande Parkway toward Sperry Avenue. In 3.2 miles, turn left onto S Second Street. Once you are on S Second Street, you will turn right onto W Las Palmas Avenue in .6 miles. From there, you will continue for 15 miles to eventually turn right to merge onto CA-99 toward Fresno. You will continue for 26.7 miles where you will take exit 186B toward Mariposa, Yosemite. Turn left onto Yosemite Parkway where you will travel for 36 miles until you turn right onto CA-49. Once you are on CA-49, you will be at Camp Krem Yosemite in 17 miles!

2. If you are located near San Francisco or Oakland, follow this route:

Get onto I-80 East toward Oakland where you will eventually take exit 8B to merge onto I-580 East toward Downtown Oakland, Hayward – Stockton. In 46 miles after being on I-580 East, take a slight right turn to merge onto I-580 East toward I-5 South, Fresno. You will keep left on I-580 E for 11 miles. In 18 miles after keeping left on I-580 E, take exit 434 where you will turn left onto Diablo Grande Parkway toward Sperry Avenue. In 3.2 miles, turn left onto S Second Street. Once you are on S Second Street, you will turn right onto W Las Palmas Avenue in .6 miles. From there, you will continue for 15 miles to eventually turn right to merge onto CA-99 toward Fresno. You will continue for 26.7 miles where you will take exit 186B toward Mariposa, Yosemite. Turn left onto Yosemite Parkway where you will travel for 36 miles until you turn right onto CA-49. Once you are on CA-49, you will be at Camp Krem Yosemite in 17 miles!

### From San Jose

1. Merge onto I-280 North to start towards Camp Krem Yosemite.

In .4 miles take the exit to merge onto CA-87 toward Guadalupe Parkway. You will keep left towards CA-87 South to eventually merge onto the highway. In 4.1 miles you will continue toward CA-85 South, Gilroy. Eventually, you will merge onto US-101 South where you will take exit 356 onto CA-152 East, 10th Street. Turn left onto Pacheco Pass Highway where you will remain for sixty-eight miles until you keep right onto CA-59 toward Merced. In 14 miles of being on CA-59, turn right onto E Mission Avenue. From there, turn right again onto E Childs Avenue in about five miles. Once on E Childs Avenue, you will continue for 2.4 miles until you reach N Arboleda Drive where you will turn left. Then, turn right onto E State Highway 140. In 31 miles, you will turn right onto CA-49. Once you are on CA-49, you will be at Camp Krem Yosemite in 17 miles!





# THANK YOU SO MUCH!

We look forward to seeing  
you soon :)

